

Standard Operating Procedure Disk Golf

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70 Finlayson Road – refer to CYC Waihola Camp Map for further details

Activity Leader Requirements

Anyone over 16 years of age can run this activity.

Ratio

1 adult to 10 children

Participant requirements

Weather appropriate clothing

Must wear shoes

Activity Leader Instructions

Record discs used in logbook (discs and logbook stored in First Aid Room cupboard)

Give safety/instruction briefing and confirm rules posted at first hole

Equipment

Frisbee discs for all participants

Semi-permanent disc golf baskets

Reasons to end activity

Wind over a 7 on the Beaufort scale

If at any point the activity can no longer be run safely

Activity Maintenance

Paid staff inspection of the activity every 12 months to identify any new hazards/wear and tear and sign off on safety of activity. If staff deem there to be any insufficiencies that increase the risk to an unsafe level, the activity will no longer continue until the risk is remedied or eliminated.

Documents used to assist this process:

Flowchart of Risk Management Processes

Disc Golf - SOP

Emergency and Incident preparedness

No specific emergency requirements for this activity. For general emergencies follow normal emergency policies.

Hazard Register									
Activity: Disc Golf		Last Review: August 2025		Location: 70 Finlayson Road – First hole outside Main Lodge					
Risk	Hazard	Risk	Category	Controls	Risk				
What could go wrong	Why would this happen	Initial	Equipment, People, Environment	How can it be prevented? Using the hierarchy of control: eliminate or minimize	Residual				
Broken bones Bruises	Persons Hit by disk	Moderate	Equipment	Participants will stay out of way when discs are thrown	Low				
	Tripping on uneven ground	Moderate	Environment	Participants will be told about unmarked hazards (ie. Rabbit holes) and warned to take care when walking	Low				

Version Control						
Version	Date	Changes	Authorised by			
2.0	20 Aug 2025	New SOP created	Esther Currie			





The validity of this document is only guaranteed when received directly from the CYC Waihola office and read in conjunction with the CYC Waihola