# CYC

# Standard Operating Procedure Mountain Boards

#### Location

70 Finlayson Road – refer to **CYC Waihola Camp Map** for further details

# **Activity Leader Requirements**

Must have current CYC Waihola Mountain Boards Activity Leader training

#### Ratio

1 adult to 10 children

#### **Participant requirements**

Must not have had a head injury (including concussion) in the previous 3 weeks

#### **Activity Leader Instructions**

Complete a risk assessment as per the Continual Risk Assessment section of the CYC Waihola Activity Management Policy Give safety/instruction briefing

The introductory talk will cover the following:

- · each participant must wear a helmet and wrist guards before getting onto a mountain board
- · safe use of the Mountain Boards including a demonstration of how to use them including:
  - o turning
  - o stopping
  - o separation of the two mountain boards from each other to prevent collision
  - o waiting location of spectators

Ensure the mountainboards are not left out unsupervised to ensure they are not used without supervision

#### **Equipment**

Mountain boards

Safety helmets

Wrist guards

# Reasons to end activity

If at any point the activity can no longer run safely

### **Activity Maintenance**

Paid staff inspection of the activity every 6 months to identify any new hazards/wear and tear and sign off on safety of activity. If staff deem there to be any insufficiencies that increase the risk to an unsafe level, the activity will no longer continue until the risk is remedied or eliminated.

Documents used to assist this process:

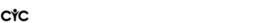
Flowchart of Risk Management Processes,

Mountain Boards - Risk Analysis

Mountain Boards - 6 Month Check

# **Emergency and Incident preparedness**

No specific emergency requirements for this activity. For general emergencies follow normal emergency policies.





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Hazard Register							
Activity: Mountain Boards		Last Review: August 2025		Location: 70 Finlayson Road – Hill beside Chalet 4			
Risk	Hazard	Risk	Category	Controls	Risk		
What could go wrong	Why would this happen	Initial	Equipment, People, Environment	How can it be prevented? Using the hierarchy of control: eliminate or minimise	Residual		
Spinal Injury	Crashing into objects	Moderate	Environment	Slopes are to be clear of objects that can be crashed into	Low		
Head Injury Broken Bones Concussion	Fall from Mountain Board	Moderate	Equipment	Participants will wear wrist guards at all times on mountain boards Participants will wear helmets at all times on mountain boards	Low		
	Crashing into other people	Moderate	People	Separate the participants and spectators from each other	Low		
	Mountain Board failure	Moderate	Equipment	Mountain Boards will be checked before use	Low		
	Inadequate supervision	Moderate	People	Participants will be supervised by competent adults	Low		
	Misbehaviour	Moderate	People	Clear instructions for use of activity will be given to all participants	Low		

Version Control						
Version	Date	Changes	Authorised by			
2.0	20 Aug 2025	New SOP created	Esther Currie			



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