CYC

Standard Operating Procedure

Zipline

Location

70 Finlayson Road - refer to CYC Waihola Camp Map for further details

Activity Leader Requirements

Must have current CYC Waihola Zipline Activity Leader training

Ratio

Supervision

• Bottom End: Must have an adult with current Zipline Catcher training

When Children Are Present:

- Supervision ratio: 1 competent adult per 5 children.
- Minimum of 3 competent adults (including the Activity Leader).
- Two adults must remain at the launch platform at all times to avoid distracting the Activity Leader.
- The bottom-end adult can count toward supervision numbers.

When Children Are Not Present:

One Activity Leader at the launch and one instructed adult at the bottom end are required.

Participant requirements

The following are not permitted to participate:

- Pregnant individuals
- Those with heart conditions
- Children under 5
- Individuals over 100kg or taller than 185cm
- Anyone unable to follow simple instructions (e.g., for mid-line rescue)
- Anyone who has had a head injury (including concussion) within the last 3 weeks

Activity Leader Instructions

Before heading to Zipline:

• Ensure participants have warm clothing and suitable footwear.

Bottom-End Setup (by Activity Leader):

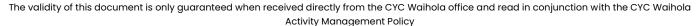
- Take a competent adult to the landing platform and instruct them:
 - o Must wear helmet and tethered harness.
 - O Stopping procedure:
 - · Use number of tyres as indicated by Activity Leader via hand signals
 - · Tyres must pass mid-barrier upright.
 - Don't catch participants only assist after they slow.
 - Use retrieval rope if participant doesn't reach end.
 - Unhook pulley, leave karabiners on lanyards.
 - Instruct participant to walk back with gear in hand.
 - Reset tyres, signal readiness, or use crossed arms to indicate issues.
 - o Conduct bottom-end pre-checks during this time.

Launch-End Setup:

- Complete launch pre-checks.
- Put on harness, attach to fall arrest rail, unlock gate.

Group Briefing

- Conduct safety briefing before activity begins, covering:
 - o Rules:
 - Max weight: 100kg; max height: 185cm.
 - · Pregnant individuals, or those with heart conditions/concussions, cannot participate.
 - One participant on launch platform past demarcation line at a time.
 - Must hold lanyard, no stunts (e.g. "Superman").
 - · Enclosed footwear required.
 - What to do while waiting
 - o Explain:
 - · How to fit/remove harness
 - · Bottom end process





- · What happens if they stop short
- · Use of retrieval rope

Participant Setup

- If close to weight limit, ask participant to confirm weight
- Fit harness and helmet:
 - O Use "fist-check" on harness
 - o Helmet chin strap must be secure
 - o Only Activity Leader can confirm gear before launch
- Connect to zipline:
 - 1. Pulley over wire
 - 2. Clip red and black lanyards into pulley
 - 3. Check karabiner gates are locked
 - 4. Secure retrieval rope to left hip
 - 5. Do final "sanity check"
 - 6. Signal number of tyres to bottom-end adult
 - 7. Wait for confirmation
 - 8. Open gate to launch, latch gate immediately

Post-Activity

- Return gear to Zipline equipment box
- Lock box if leaving launch area unattended
- Lock launch platform gate

Equipment

Launch Platform

- Permanent structure with posted **Zipline Rules**:
 - Participants must be:
 - 5+ years old
 - Under 100kg and 185cm
 - Free of heart conditions, pregnancy, or recent head injuries
 - 2. Stay out of loading area until instructed
 - 3. Wear harness and helmet
 - 4. Remain upright, holding lanyard with both hands while flying
- Features:
 - o Demarcation line (work vs. waiting area)
 - o Lockable gate to prevent premature launches
 - o Secure tether point for Activity Leader

Equipment Box (Launch Platform) Contents:

- Activity Logbook (instructions, RAMS, daily pre-check sheet)
- Multiple harnesses with:
 - o Double red/blue cows-tail lanyards, 2 safety karabiners, 2 "D" connectors
 - o "Edge" rescue kit (16m cord, webbing loop)
- Staff harness with:
 - Rear safety lanyard (for tether point)
 - o Front double cows-tail lanyard (for mid-line rescue)
- Velocity pulleys
- Climbing helmets (various sizes)
- Karabiner with rescue rope
- Pens/pencils
- Basic first aid kit

Landing Platform

Separate Equipment Box Contains:

- Bottom-end adult harness with rear safety lanyard
- Climbing helmet
- Mid-line rescue kit (red bag):
 - o HaulerBiner Compact Rescue Kit
 - o 40m static rope with karabiners
- Red "vege crate" for assisting shorter participants





The validity of this document is only guaranteed when received directly from the CYC Waihola office and read in conjunction with the CYC Waihola

Platform Must Include:

Secure tether point for bottom-end adult

Reasons to end activity

Wind over a 5 on the Beaufort scale

If at any point the activity can no longer be run safely

Activity Maintenance

Structural Connector Checks

- Paint-mark wire rope connectors to monitor movement.
- Daily pre-checks: Visually inspect paint marks.
- Operational checks: Inspect paint marks closely and perform torque checks.

Maintenance Logs

- Log all repairs in the Zipline Maintenance Log.
- Major repairs require engineer re-inspection.

2-Yearly Review

- Operations Manager and Technical Advisers review SOP every 2 years per Safety Audit Standard [version 1.1:2017], using
 Flowchart of Risk Management Processes, Zipline Risk Analysis, and Zipline 3 Monthly Operational Checks to identify
 hazards, update risk management, and confirm safety.
- Safety issues halt activity until resolved.

Adventure Activity Reviews

- External audit every 3 years by an OutdoorsMark-approved auditor per Health and Safety at Work (Adventure Activities)
 Regulations 2016.
- One competent external review between audits.
- Comprehensive internal 2-yearly review in other years.

Regular Operational Checks

- CYC Waihola Zipline Instructor-certified staff inspect at season start (October) and every 3 months using Zipline 3 Monthly Operational Checks form.
- Winter checks may be delayed if unused, but must occur within I month of reuse.
- Store records in Activity Inspections Folder, CYC Office.
- Safety issues halt activity until resolved.

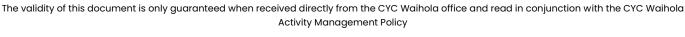
Daily Pre-Check

Before operation:

- Inspect structure, staff PPE, and participant equipment.
 - o Resolve failed checks before use.
 - O Remove failed equipment (e.g., harness, karabiner) until repaired.
 - O Close zipline for failed structural checks until repaired and re-inspected.
- Assess hazards (e.g., wind causing falling branch risks in Douglas Fir Plantation).
- Complete Zipline Activity Sign-off Sheet in logbook, ensuring no rush.

Emergency and Incident preparedness

No specific emergency requirements for this activity. For general emergencies follow normal emergency policies. All Activity Leaders will be trained to complete a midline rescue if necessary.





Hazard Register						
Activity: Zipline		Last Review: August 2025		Location: 70 Finlayson Road – Top of hill in forest		
Risk	Hazard	Risk	Category	Controls	Risk	
What could go wrong	Why would this happen	Initial	Equipment, People, Environment	How can it be prevented? Using the hierarchy of control: eliminate or minimise	Residual	
Fall from height	Incorrect use of Zipline	Critical	People	All Activity Leaders must remain currently trained	Moderate	
	Harness not correctly fitted	Critical	People		Moderate	
	Harness or attachment failing	High	Equipment	Harness checks will be part of daily pre-check	Low	
	Pulley failure	High	Equipment	Pulley checks will be part of daily pre-check	Low	
	Wire rope breaking	Moderate	Equipment	Wire rope and connector checks will be part of daily pre-check	Low	
	Falling off the platform	Moderate	People	Platform gate will be shut when flyer not departing Platform gate will be locked when flying fox not in use Staff working in active areas will wear harness and tethered to safety rail.	Low	
Head injury	Collision with catcher	Moderate	People	Correct number of tyres will slow participants Adult at bottom end is to stand clear of arriving participants	Low	
	Collision with other participants	Moderate	People	Only one participant on the Zipline at a time unless a rescue is being performed	Low	
	Collision with tyres	Moderate	Equipment	Activity Leader, catcher and all participants will wear helmets	Low	
	Pulley dropped on head	Moderate	Equipment		Low	
	Wind blown branches	Low	Environment	Wire will be checked prior to participant departure	Low	
Suspension trauma	Participant not reaching end	Moderate	Equipment	Participant will have a retrieval rope attached to them		

Version Control						
Version	Date	Changes	Authorised by			
2.0	20 Aug 2025	New SOP created	Esther Currie			



The validity of this document is only guaranteed when received directly from the CYC Waihola office and read in conjunction with the CYC Waihola